

# Working Daughter Member Calendar 2020

**May**

Caring Through  
COVID: How Now  
& What's Next?

**June**

Changing the  
Narrative: Finding the  
Positive in Caregiving

**July**

Crush Your Career  
(Yes, Even While  
Caregiving!)

**August**

Caregiver Guilt

**September**

Self-Care: Real  
Strategies for  
WDs

**October**

Get Organized

**November**

Caring through  
the Holidays

**December**

Renew! Your Action Plan for  
Recharging Your Batteries

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